



American
University
of Armenia

Հայաստանի
Ամերիկյան
Համալսարան

Center for
Student Success

Effective Steps for Exam Preparation

1. State your intention thinking about your goals
2. Pick a study place and time
3. Organize your time (set alarms, use a wall planner, make to-do lists, set time limits)
4. Study every day
5. Review and revise (make your own study materials, quiz yourself)
6. Review notes from class
7. Create study/review sheets of key information
8. Be clear about what the test will ask you to do/know
9. Take breaks
10. Ask for help (fellow students, instructor, Center for Student Success 😊)
11. Join a study group
12. Stay Motivated
13. App it up (iTunes University, Exam Vocabulary Builder, Coursera, Brainscape - Smart Flashcards, XMind, Quizlet, for more study apps check collegechoice.net)
14. Look after yourself
15. Sleep, exercise, eat nutritiously
16. Be confident, think positively

GOOD LUCK!