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| --- | --- | --- | --- |
| **Subject/Exam**List: * Subjects you study
* Specific tests you need to study for.
 | **Content (Memorize/Understand)*** What things do you need to know?

**Be specific!*** Label if the content should be

Memorized (M) *or* Understood (U) | **Study Plan**For each item of **Content*** List study tools you will use
* Include a time frame
* Log where you studied/with whom
 | **Result (1-5)**For each **Study Plan*** Rate how effective it was
* Decide what was good/could be better.
* Consider “Opportunity Cost”
 |
|  | **1.****2.****3.****4.** | **1.****2.****3.****4.** | **1.****2.****3.****4.** |
|  | **1.****2.****3.****4.** | **1.****2.****3.****4.** | **1.****2.****3.****4.** |