|  |  |  |  |
| --- | --- | --- | --- |
| **Subject/Exam**  List:   * Subjects you study * Specific tests you need to study for. | **Content (Memorize/Understand)**   * What things do you need to know?   **Be specific!**   * Label if the content should be   Memorized (M) *or* Understood (U) | **Study Plan**  For each item of **Content**   * List study tools you will use * Include a time frame * Log where you studied/with whom | **Result (1-5)**  For each **Study Plan**   * Rate how effective it was * Decide what was good/could be better. * Consider “Opportunity Cost” |
|  | **1.**  **2.**  **3.**  **4.** | **1.**  **2.**  **3.**  **4.** | **1.**  **2.**  **3.**  **4.** |
|  | **1.**  **2.**  **3.**  **4.** | **1.**  **2.**  **3.**  **4.** | **1.**  **2.**  **3.**  **4.** |